

HONOLULU OKAZUYA COMPANY

Since 1962



Crispy!



History of Nori (seaweed)

It has been used as a gift since ancient times, and around 800 A.D. (Heian period), it was prized as a gift for the upper classes and as a vegetarian cuisine at temples. Iwagi moss was included in the catalog of specialty products from various countries in Japan, published from 1680 to 1704 A.D. , the name of shinagawa moss is written on it. seaweed cultivation began between 1716 and 1735.



seaweed is a healthy food known as a "sea vegetable" that contains a good balance of vitamins, minerals, iron, and calcium, and is low in calories and rich in dietary fiber. vitamins help the body function normally; polysaccharides promote protein synthesis, increase the immunity of cells and body fluids, and keep blood thin; choline is necessary for communication between nerve cells; you can also effectively ingest ingredients that tend to be lacking, such as calcium, which strengthens your teeth.

We use Ako sea salt from the seto Inland sea.



Ako
Sea salt
JAPANESE FAMOUS



NORI TEMPURA

Deep Fried Nori Seaweed



Ramen



Yakisoba

Stuff ate them deliciously after photo shoot

Nutrition Facts

About 3 servings per container
Serving size about 14 pieces (30g)

Amount Per Serving:

Calories **170**

%Daily Value*

Total Fat 11g **14%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol Less than 5mg

Sodium 270mg **12%**

Total Carbohydrate 15g **5%**

Dietary Fiber 1g **4%**

Total Sugars 0g **0%**

Includes 0g Added Sugars

Protein 2g **4%**

Vitamin D 0mcg **0%**

Calcium 9mg **1%**

Iron 1mg **6%**

Potassium 55mg **1%**

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Wheat flour, Vegetable oil (Rapseed and Rice and Corn) , Seaweed, Corn starch, Salt, Sugar, Amino acid, Vegetable soy protein, Sweetener, Chili pepper, Nucleic acid.

Contains : Wheat, Soy.

This product has been made in a factory which uses EGGS, PEANUTS, MILK, SHELLFISH, WALNUTS, FISH, SESAMES

NET WEIGHT : 3.5oz (100g)
UNIT SIZE (mm) : 180×260×80
CASE WEIGHT : 2.5kg
CASE SIZE (mm) : 420×275×275
CASE PACK : 15 bags
Shelf Life : 1 Year
JAN CODE : 4595986075020
CASE CODE : 14595986075027

Distributor :
PLASIR CORPORATION

4-11-5 Suge Tamaku Kawasaki Kanagawa, Japan 2140001

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PRODUCT OF Japan

DO YOU KNOW WHAT "NORI" IS?
Nori is Rich in
Trace Minerals, Iodine, Selenium.
SOLID PROTEIN
100% dry weight
Easy way to get Trace Minerals, Iodine, Selenium.
SUPER FOOD IN NATURE



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